

TIME	TITLE	Description	Instructor	Location
9:00-9:30am	Registration & Breakfast			WBS Foyer, Exhibit Area, Classroom
9:30-9:40am	Welcome!			WBS Classroom
Session 1 9:50-10:50am	Becoming a Boat Owner	Have you recently bought a sailboat? Are you considering buying one? This workshop will cover the mindset needed; types of sailboats; choosing a boat that is right for you; costs of ownership; and the skills, equipment, and basic maintenance needed for safe sailboat ownership.	Capt. Jody Sterling	HRMM Conference Room
	Introduction to Racing	In this workshop, we will cover the basics of sailboat racing including: types of courses, the start, mark roundings, and finishes. Bring your questions!	Capt. MJ Reiss	WBS Classroom
	Diesel Engine Maintenance	Keeping a diesel engine in working condition requires knowledge, maintenance, and the ability to troubleshoot common failures. We will cover changing out filters, changing impellers, keeping fuel lines open, the stuffing box, exhaust system, glow plugs, bleeding injectors, changing oil, and winterizing, with opportunities for hands-on practice.	Capt. Stefany Coulter	WBS Workshop
	Essential Sailing Knots	In this hands-on workshop, you will learn a number of basic knots useful for crewing and day sailing. Each participant will be able to practice four basic knots.	Sam Yaffe (Assistants Sue Kennen & Isabel Czech)	HRMM Gallery
Session 2 11:00am-12:00pm	Blue Water Crew Opportunities/Building Your Sailing CV	We will learn how to compile a sailing CV as a necessary step for safe blue water crewing. We will also review available resources and tactics to identify offshore and ocean crew opportunities. (Please review the template, which will be emailed to registrants before the conference, and start filling in the blanks.)	Barbara Karpinska Hopkins	HRMM Conference Room
	Basic Navigation: Tools, Maps, and Interactive Learning	Discover the essentials of navigation in this engaging one-hour session. Learn about key tools and how to read and use nautical charts effectively. The session includes an interactive component to apply your skills, making navigation approachable and fun.	Christina Cerroni	WBS Classroom
	Outboard Engine Troubleshooting	Conquer your fear of that outboard motor! The class will introduce you to the parts of outboard engines and starting procedures. Trouble-shooting protocols for when the outboard won't start will be presented, and you will get hands-on practice with several different outboards.	Sarah Olivieri	WBS Workshop
	Sail Care & Maintenance	The workshop will cover different types of sails, different ways of folding and storing sails so they last, inspecting sails, and basic sail maintenance and repairs. We will explain why sail damage happens and how to prevent it. Everyone will get the opportunity to repair a tear. Students are welcome to bring in their own sails.	Capt. MJ Reiss	HRMM Gallery
Session 3 12:10-1:10pm	Double Handed Offshore Racing and Sailing	We will discuss the format, challenges and opportunities, lessons learned, and what it takes to be successful. Please read these free online Windcheck articles in advance of the workshop: https://www.windcheckmagazine.com/article/double-trouble-returns/ https://www.windcheckmagazine.com/article/double-trouble-continues/ https://www.windcheckmagazine.com/article/double-trouble/	Barbara Karpinska Hopkins	HRMM Conference Room
	Coastal and Offshore Passage Planning	Don't let a lack of experience or fears stop you from expanding your sailing horizons. The workshop will explain the required planning steps and resource management, so you can begin to push your boundaries safely. We will discuss charting and plotting, researching ports and harbors, weather, sail trim, engine use, sailing at night, and safety measures while off shore.	Capt. Stefany Coulter	WBS Classroom
	Guided Museum Tour	A guided tour of the HRMM archives with a focus on women in maritime history.	Emma Cariello	Giftshop
	You are strong enough!	In this interactive and movement-filled class, you will learn how to unlock the hidden strength already in your body; how to improve your strength, speed, and balance on the water; and how to make everything on the boat easier, so that you are always strong enough! We'll study: - Body position secrets... once you know these you'll unlock hidden strength already in your body, no matter what shape you are in. - Sarah's on-shore moves for improving strength and agility on the water. - Secrets to making everything on the boat easier so you are always strong enough.	Sarah Olivieri	HRMM Gallery
1:10-2:10pm	Lunch / Networking			WBS Foyer, Exhibit Area, Classroom
Session 4 2:20-3:20pm	Safe Navigation Around Large Vessels	Sailors will learn how to safely share the Hudson River with large vessels such as tugs and barges, ferries and ships. The instructor will review rules of the road, share insights about the view of things from the wheelhouse, and provide tips for making prudent decisions - and share some stories about boaters who didn't.	Capt. Ann Loeding	HRMM Conference Room
	Basic Navigation: Tools, Maps, and Interactive Learning	Discover the essentials of navigation in this engaging one-hour session. Learn about key tools and how to read and use nautical charts effectively. The session includes an interactive component to apply your skills, making navigation approachable and fun.	Christina Cerroni	WBS Classroom
	Racing & Sailing with Spinnakers	We will discuss the use of symmetrical and asymmetrical spinnakers on fully crewed and shorthanded boats, shifting focus depending on the interest of attendees.	Barbara Karpinska Hopkins	WBS Workshop

	Essential Sailing Knots	In this hands-on workshop, you will learn a number of basic knots useful for crewing and day sailing. Each participant will be able to practice four basic knots.	Sam Yaffe (Assistants Sue Kennen & Isabel Czech)	HRMM Gallery
Session 5 3:30-4:30pm	Safe Navigation Around Large Vessels	Sailors will learn how to safely share the Hudson River with large vessels such as tugs and barges, ferries and ships. The instructor will review rules of the road, share insights about the view of things from the wheelhouse, and provide tips for making prudent decisions - and share some stories about boaters who didn't.	Capt. Ann Loeding	HRMM Conference Room
	Weather for the Mariner	In this workshop, we will discuss basic weather patterns important for all mariners to recognize and understand, including clouds, fronts, storms, and the causes and effects of wind.	Capt. MJ Reiss	WBS Classroom
	Diesel Engine Maintenance	Keeping a diesel engine in working condition requires knowledge, maintenance, and the ability to troubleshoot common failures. We will cover changing out filters, changing impellers, keeping fuel lines open, the stuffing box, exhaust system, glow plugs, bleeding injectors, changing oil, and winterizing, with opportunities for hands-on practice.	Capt. Stefany Coulter	WBS Workshop
	Guided Museum Tour	A guided tour of the HRMM archives with a focus on women in maritime history.	Emma Cariello	Giftshop
	4:40-5:20pm	Panel Discussion	Anatomy of a Great Crew	Capt. Jody Sterling
5:20-5:30pm	Wrap-up!			WBS Classroom